

The Need for Humility to Foster Innovation and Achieve Health Equity



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Objectives

1. Describe the importance of humility to build innovative programs
2. Identify a way to apply the steps and concepts in your next project

Humility is not often the first word associated with innovators. We believe humility helps us address health equity and move towards a healthier Minnesota. We will share how we are challenging assumptions and our “toolbox” for health equity.

How did we get here?

- 1. The need for innovation**
- 2. Humility could be the answer**
- 3. Starting differently**

The need for innovation for health equity

“If we do what we’ve always done we’ll get what we’ve always got.”

- Traditional programs are built to improve the ‘average’s’ health
 - We need sincere innovation, not a new advertisement or the latest social media campaign
 - What is in our current tool box?
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We need innovation that is rooted in humility

- Our existing tailoring methods and adaptations are a product of the same system that led to our disparities.
- Humility means holding our tool box as an offering to be informed by what you know. (the missing puzzle piece)
- How can we support communities by using humility to approach our planning, implementation, analysis, and _____ conversations?

Starting differently

Re-writing the status quo

- Starting with ourselves to acknowledge and understand how our tool box contributes to disparities
 - Give pause to traditionally used methods
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Think about a program or strategy you are currently implementing, how can you infuse humility to challenge the status quo?

Takeaways

We encourage you to start each project by thinking about how the tools and processes we have reinforce rather than challenge the status quo.

- How can you use your expertise as a tool rather than a weapon?
 - How can you challenge the status quo rather than enforce it?
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*“If we always do what we’ve always done, we’ll
always get what we’ve always got*

Questions?